

Epreuve 26
18/10/2026 - 10:10

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Trident 11: 6:18.62; 12: 5:53.44; 13: 5:42.96; 14: 5:31.45; 15: 5:26.79; 16: 5:17.81; 17: 5:14.60; 18: 5:09.95; 19 +: 5:08.49 /
 Mistral 11: 6:33.14; 12: 6:07.01; 13: 5:56.14; 14: 5:44.19; 15: 5:39.36; 16: 5:30.04; 17: 5:26.71; 18: 5:21.88; 19 +: 5:20.37

Points: AQUA 2026

Rang	AN										Temps	Pts
Benjamin classement LNL												
1.	HOUBA, Jeanne		14		Perron				6:01.96		351	
Temps Mistral 12												
50m:	38.35	38.35	150m:	2:07.98	43.86	250m:	3:43.38	52.08	350m:	5:21.46	43.16	
100m:	1:24.12	45.77	200m:	2:51.30	43.32	300m:	4:38.30	54.92	400m:	6:01.96	40.50	

Minime classement LNL

1. GENOT, Alix	13	Enw							5:35.15	442
<i>Temps Trident 13, Temps Mistral 13</i>										
50m: 34.12	34.12	150m: 1:56.24	42.26	250m: 3:28.93	51.47	350m: 4:57.12	37.24			
100m: 1:13.98	39.86	200m: 2:37.46	41.22	300m: 4:19.88	50.95	400m: 5:35.15	38.03			
2. RAFIOU, Morayo	13	Tan							5:36.20	438
<i>Temps Trident 13, Temps Mistral 13</i>										
50m: 35.85	35.85	150m: 2:00.08	41.49	250m: 3:30.00	49.89	350m: 5:00.55	38.99			
100m: 1:18.59	42.74	200m: 2:40.11	40.03	300m: 4:21.56	51.56	400m: 5:36.20	35.65			
3. SCHMIDT, Elea	12	Tan							5:47.45	397
50m: 35.96	35.96	150m: 2:04.89	44.34	250m: 3:38.38	50.36	350m: 5:09.76	39.77			
100m: 1:20.55	44.59	200m: 2:48.02	43.13	300m: 4:29.99	51.61	400m: 5:47.45	37.69			
4. CREMER, Jenny	12	Tan							5:47.93	395
50m: 35.25	35.25	150m: 2:01.27	44.05	250m: 3:33.81	50.89	350m: 5:06.96	41.23			
100m: 1:17.22	41.97	200m: 2:42.92	41.65	300m: 4:25.73	51.92	400m: 5:47.93	40.97			
disq. GABRIELE, Marie	13	Esn							6:17.88	
<i>9.4.b - Ne pas terminer la section en dos conformément aux règles de cette nage (Temps: 9:23)</i>										
50m: 38.96	38.96	150m: 2:11.92	45.83	250m: 3:51.67	55.03	350m: 5:33.90	44.49			
100m: 1:26.09	47.13	200m: 2:56.64	44.72	300m: 4:49.41	57.74	400m: 6:17.88	43.98			
disq. DIGNEFFE, Lindsay	13	Perron							6:38.74	
<i>9.4.c - Ne pas terminer la section en brasse conformément aux règles de cette nage (Temps: 10:14)</i>										
50m: 38.74	38.74	150m: 2:20.54	51.82	250m: 4:08.94	56.71	350m: 5:54.64	46.82			
100m: 1:28.72	49.98	200m: 3:12.23	51.69	300m: 5:07.82	58.88	400m: 6:38.74	44.10			

Cadet classement LNL

1. LETEHEUX, Lucie	10	Tan							5:52.71	380
50m: 38.07	38.07	150m: 2:07.83	44.28	250m: 3:41.53	49.52	350m: 5:14.09	41.93			
100m: 1:23.55	45.48	200m: 2:52.01	44.18	300m: 4:32.16	50.63	400m: 5:52.71	38.62			

Junior classement LNL

1. RENARD, Marie	09	Tan							6:28.66	284
50m: 40.56	40.56	150m: 2:17.14	45.83	250m: 3:59.05	56.32	350m: 5:43.37	47.07			
100m: 1:31.31	50.75	200m: 3:02.73	45.59	300m: 4:56.30	57.25	400m: 6:28.66	45.29			



Epreuve 26, Dames, 400m 4 nages

Benjamin 12

1. HOUBA, Jeanne	14	Perron	6:01.96	351
<i>Temps Mistral 12</i>				
50m: 38.35	38.35	150m: 2:07.98	43.86	250m: 3:43.38
100m: 1:24.12	45.77	200m: 2:51.30	43.32	300m: 4:38.30
				350m: 5:21.46
				400m: 6:01.96
				43.16
				40.50

Minime 13

1. GENOT, Alix	13	Enw	5:35.15	442
<i>Temps Trident 13, Temps Mistral 13</i>				
50m: 34.12	34.12	150m: 1:56.24	42.26	250m: 3:28.93
100m: 1:13.98	39.86	200m: 2:37.46	41.22	300m: 4:19.88
				350m: 4:57.12
				400m: 5:35.15
				37.24
				38.03

2. RAFIOU, Morayo	13	Tan	5:36.20	438
<i>Temps Trident 13, Temps Mistral 13</i>				
50m: 35.85	35.85	150m: 2:00.08	41.49	250m: 3:30.00
100m: 1:18.59	42.74	200m: 2:40.11	40.03	300m: 4:21.56
				350m: 5:00.55
				400m: 5:36.20
				38.99
				35.65

disq. GABRIELE, Marie	13	Esn	6:17.88	
<i>9.4.b - Ne pas terminer la section en dos conformément aux règles de cette nage (Temps: 9:23)</i>				
50m: 38.96	38.96	150m: 2:11.92	45.83	250m: 3:51.67
100m: 1:26.09	47.13	200m: 2:56.64	44.72	300m: 4:49.41
				350m: 5:33.90
				400m: 6:17.88
				44.49
				43.98

disq. DIGNEFFE, Lindsay	13	Perron	6:38.74	
<i>9.4.c - Ne pas terminer la section en brasse conformément aux règles de cette nage (Temps: 10:14)</i>				
50m: 38.74	38.74	150m: 2:20.54	51.82	250m: 4:08.94
100m: 1:28.72	49.98	200m: 3:12.23	51.69	300m: 5:07.82
				350m: 5:54.64
				400m: 6:38.74
				46.82
				44.10

Minime 14

1. SCHMIDT, Elea	12	Tan	5:47.45	397
50m: 35.96	35.96	150m: 2:04.89	44.34	250m: 3:38.38
100m: 1:20.55	44.59	200m: 2:48.02	43.13	300m: 4:29.99
				350m: 5:09.76
				400m: 5:47.45
				39.77
				37.69

2. CREMER, Jenny	12	Tan	5:47.93	395
50m: 35.25	35.25	150m: 2:01.27	44.05	250m: 3:33.81
100m: 1:17.22	41.97	200m: 2:42.92	41.65	300m: 4:25.73
				350m: 5:06.96
				400m: 5:47.93
				41.23
				40.97

Cadet 16

1. LETEHEUX, Lucie	10	Tan	5:52.71	380
50m: 38.07	38.07	150m: 2:07.83	44.28	250m: 3:41.53
100m: 1:23.55	45.48	200m: 2:52.01	44.18	300m: 4:32.16
				350m: 5:14.09
				400m: 5:52.71
				41.93
				38.62

Junior 17

1. RENARD, Marie	09	Tan	6:28.66	284
50m: 40.56	40.56	150m: 2:17.14	45.83	250m: 3:59.05
100m: 1:31.31	50.75	200m: 3:02.73	45.59	300m: 4:56.30
				350m: 5:43.37
				400m: 6:28.66
				47.07
				45.29