

3e édition de la GLPROD.BE competition  
St-Servais, 2 - 6/7/2024

Programmanr. 9  
05/07/2024 - 7:20

400m wisselslag

open leeftijdsgroep  
Resultaten

Punten: FINA 2023

Rang			Geb.					Tijd	Pnt
Benjamins									
1.	LEENAERS, Suzanne		12	Namur Olympic Club				<b>7:39.20</b>	179
	50m: 54.03 54.03	150m: 2:54.65 56.60		250m: 4:51.48 1:02.73	350m: 6:47.53 53.08				
	100m: 1:58.05 1:04.02	200m: 3:48.75 54.10		300m: 5:54.45 1:02.97	400m: 7:39.20 51.67				
2.	WAUTIER, Manon		12	Namur Olympic Club				<b>8:07.15</b>	150
	50m: 1:08.18 1:08.18	150m: 3:19.33 1:08.37		250m: 5:17.71 54.91	350m: 7:10.70 56.10				
	100m: 2:10.96 1:02.78	200m: 4:22.80 1:03.47		300m: 6:14.60 56.89	400m: 8:07.15 56.45				
3.	BODART, Clara		12	Namur Olympic Club				<b>8:11.12</b>	146
	50m: 1:04.26 1:04.26	150m: 3:15.46 1:06.21		250m: 5:20.71 1:00.05	350m: 7:15.88 55.87				
	100m: 2:09.25 1:04.99	200m: 4:20.66 1:05.20		300m: 6:20.01 59.30	400m: 8:11.12 55.24				